

Improving Cardiovascular Health



Heart disease is one of the leading causes of preventable death in the United States. Learn how you can improve cardiovascular health naturally without the use of synthetic substances that increase the bodies' toxic load.

Come join us at the
Art Circle Public Library
Cumberland Meeting Room

Saturday, March 17, 2018
10:30am - 12:00pm

This is a free seminar open to the public!

Guest Speaker: Regina Rigney, HHP, MH
Nature's Healthway (Holistic Wellness Center)