

Kristine L Soly, MD, FACC

Holistic Cardiology Learning Center

"Vital Information for Your Health"

www.drsooly.com

PRESENTS A **FREE HEALTH SEMINAR**

Saturday, November 18th, 2 PM

Exploring The Cholesterol Myths

With new questions being raised about cholesterol and triglyceride levels, it's more important than ever to evaluate and manage them. Come learn what you need to know to assess your risk of heart attack. When learning how to reduce your risk by using lifestyle changes and safe natural supplements, the peace of mind you find for yourself.

You will learn about the latest most effective disease prevention, treatment, and regression modalities in a live seminar conducted by Holistic Cardiologist, Kristine L. Soly, MD, FACC, Director of the Learning Center.

The seminars are presented in a down-to-earth manner and designed to help the general public and health professionals learn how to strengthen the Diet-Nutrition-Exercise-Emotion-Relationship and the use of Diet, Exercise, Stress Management, as well as Alternative and other Holistic modalities can support prevention, treatment and reversal of Cardiovascular Disease as well as many other chronic and preventable medical conditions.

All Seminars are offered free of charge. Please call to reserve your place for this Seminar or to learn more about the programs of **The Holistic Cardiology Learning Center**.

**Seminar Location: Art Circle Public Library
Cumberland Meeting Room
3 East Street, Crossville, TN 38555**

These programs are offered free of charge.

Reservations are required – (931) 456-5900

See us online at www.drsooly.com